

DIBENYLIN[®] CAPSULES

CONSUMER MEDICINE INFORMATION LEAFLET

WHAT IS IN THIS LEAFLET

This leaflet answers some of the common questions about DIBENYLIN. It does not contain all the available information. It does not take the place of talking to your doctor or pharmacist. Please read this leaflet before you start taking DIBENYLIN. If you are helping someone else take DIBENYLIN, please read this leaflet before you give the first dose.

All medicines have risks and benefits. Your doctor has weighed the possible risks of taking DIBENYLIN against the expected benefits.

Keep this leaflet with the medication. You may want to read it again.

Remember this medicine is only for the person the doctor has prescribed it for. It should never be given to others.

You must follow your doctor's advice and take DIBENYLIN as instructed. If there is anything you do not understand please ask your doctor or pharmacist.

Please tell your doctor or pharmacist if you have any problems before, during or after treatment with DIBENYLIN.

Do not stop taking DIBENYLIN unless you are told to do so.

In this short leaflet only important information about DIBENYLIN is given. If you want to know more about DIBENYLIN you should ask your doctor or pharmacist.

Always keep medicines out of the reach of children. Return any left-over medicines to the pharmacist.

WHAT DIBENYLIN IS USED FOR AND HOW IT WORKS

DIBENYLIN is used:

- To lower blood pressure in people with phaeochromocytoma (tumor releasing chemicals that raise blood pressure).
- In urinary retention (not able to pass urine) due to a nerve problem in the bladder.

DIBENYLIN works by:

Blocking chemicals which in large amounts can cause high blood pressure.

DIBENYLIN may also be used for other conditions as determined by your doctor.

BEFORE TAKING DIBENYLIN

If you have taken DIBENYLIN before and became unwell or think you may have had an allergic reaction (for example a skin reaction), tell your doctor before starting these capsules. If you become unwell when you are taking DIBENYLIN, tell your doctor at once.

Do not take DIBENYLIN:

- If you are allergic or sensitive to phenoxybenzamine or any other ingredient.
- If you have a condition that decreases your blood pressure.

Before taking DIBENYLIN tell your doctor if you have any of the following:

- Angina (chest pain)
- Heart or blood vessel disease (some kinds may be worsened by DIBENYLIN).
- Lung infection – symptoms such as runny nose may be worsened.

- A recent heart attack or stroke – lowering blood pressure may make problems resulting from stroke or heart attack worse.
- A kidney disorder – effects may be increased.

Other things to consider:

If you are about to have surgery or an operation (including dental surgery) tell your doctor or surgeon that you are taking DIBENYLIN.

Dizziness, lightheadedness, or fainting may occur, especially when you get up from a lying or sitting position. Getting up slowly may help, but if the problem continues or becomes worse, check with your doctor. These symptoms are also more likely to occur if you drink alcohol, stand for a long time, exercise or if the weather is hot.

DIBENYLIN may cause dryness of the mouth, nose, and throat. For temporary relief of mouth dryness, use sugarless lollies or gum, melt bits of ice in your mouth, or use a saliva substitute. However, if dry mouth continues for more than 2 weeks, check with your medical doctor or dentist. Continuing dryness of the mouth may increase the chance of dental disease, including tooth decay, gum disease and fungus infections.

Driving and operating machinery: DIBENYLIN may occasionally cause a drop in blood pressure on standing up. This may result in temporary dizziness and sometimes fainting. If affected you should not drive or operate machinery.

Use in Pregnant and Breast Feeding Mothers: DIBENYLIN has not been studied in pregnant women or animals. Make sure your doctor knows if you are pregnant or if you may become pregnant before taking DIBENYLIN. It is not known whether DIBENYLIN passes into breast milk. Use is not recommended in nursing mothers unless essential.

Use in Children: Safety in children has not been established. Unless instructed by your doctor, you should not give DIBENYLIN capsules to children.

Taking Other Medicines with DIBENYLIN:

The effects of some medicines may be affected if other medicines are used at the same time. You should therefore tell your doctor if you use other medicines regularly, have used other medicines until recently or wish to use other medicines at the same time as DIBENYLIN. Your doctor will be able to tell you if any problems could occur when taking DIBENYLIN with other medicines.

In particular, tell your doctor if you are taking medicines which:

- Lower blood pressure
- Treat heart conditions
- Are for cough and cold symptoms (including over the counter medicines).

HOW TO TAKE DIBENYLIN

Follow your doctor's instructions about how and when to take DIBENYLIN. Your doctor will advise how many capsules you need to take each day, and for how long you need to take them.

Most people start on a low dose of DIBENYLIN. At first you may take 10mg twice a day. If needed your doctor may increase this slowly until the desired effect is obtained. Try to take DIBENYLIN at the same times each day.

Please read the label carefully. If you have any questions about DIBENYLIN and how to take it, please ask your doctor or pharmacist.

You should swallow DIBENYLIN capsules whole with plenty of fluid. Do not break the capsules open. DIBENYLIN can be taken before, with or after food.

Keep taking your DIBENYLIN capsules for as long as your doctor tells you to. Do not stop taking the capsules suddenly or allow your capsules to run out. If you need to stop taking DIBENYLIN your doctor may slowly reduce the dose over a number of days or weeks.

If you forget to take a dose, take it as soon as you remember. However, if it is almost time for your next dose, skip the missed dose and go back to your regular dosing schedule. Do not double doses.

SIDE EFFECTS

(Besides their main effect, medicines may have some unwanted effects. Unwanted effects do not always occur in every person).

In rats and mice, DIBENYLIN has been found to increase the risk of development of malignant tumours. It is not known if DIBENYLIN increases the chance of tumours in humans.

Most unwanted effects with DIBENYLIN are mild and may disappear without stopping DIBENYLIN. Tell your doctor about any event which is troublesome or ongoing.

More common unwanted effects may include:

- dizziness or lightheadedness,
- fast heartbeat
- pinpoint pupils
- stuffy nose.

Less common unwanted effects may include:

- Confusion
- drowsiness
- dryness of mouth
- headache
- lack of energy
- sexual problems in males
- unusual tiredness or weakness

Remember, you should tell your doctor, nurse or pharmacist if any of these, or any other unusual events or problems occur during or after treatment with DIBENYLIN.

IN CASE OF OVERDOSE

Immediately telephone your doctor or Poisons Information Centre (**13 11 26** in Australia or **0800 764766** in New Zealand) for advice or go to the Emergency Department at your nearest hospital, if you think that you or anyone else may have taken too much Dibenylin. Do this even if there are no signs of discomfort or poisoning. Be sure to show the doctor the pack of capsules.

Symptoms of overdose include: severe drop in blood pressure resulting in dizziness or fainting, fast heart rate, vomiting, shock, tiredness.

STORAGE

Keep your tablets in the original pack until it is time to take them. Keep the pack in a cool dry place. Do not leave it in the car on a hot day. Do not store medicine in the bathroom or near

a sink. Heat and dampness can destroy some medicines.
Store all medicines out of the reach of children such as in a locked cupboard.
The expiry date of the medicine is printed on the pack.
Do not use DIBENYLIN after this date. Please return any left-over capsules to your pharmacist for safe disposal.

PRODUCT DESCRIPTION

What it looks like

DIBENYLIN capsules contain phenoxybenzamine as the active ingredient.
DIBENYLIN comes as a red/white capsule containing 10mg of phenoxybenzamine hydrochloride.

Other Ingredients

DIBENYLIN capsules also contain inactive ingredients which include talc and lactose. The capsule shell is made of gelatin and contains indigo carmine, erythrosine and titanium dioxide.

DIBENYLIN capsules do not contain gluten, tartrazine or any other azo dyes.

FURTHER INFORMATION

DIBENYLIN capsules are only available if prescribed by a doctor.
DIBENYLIN comes in jars of 100 capsules (AUST R 12980)

SPONSOR

Australia: Goldshield Healthcare (Australia) Pty. Ltd.
Level 1, 118-124 Willoughby Road
CROWS NEST, NSW 2065
Australia

New Zealand: Boucher & Muir T/a Goldshield Healthcare (New Zealand)
C/- Howarth Porter Wigglesworth Ltd.
Level 14, Forsythe Barr Tower
55-65 Shortland Street
Auckland
New Zealand

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